

E-Learning Quiz Questions
Multiple Sclerosis Harris Polls
Writer: Richard Bellikoff

Survey Methodology

(1)

By what method was interviewing conducted for the Harris surveys on MS?

(Options)

In person

Online

Over the phone

(Answer)

Online.

Interviewing was conducted online, using the Harris Poll Online Panel (HPOL). [Harris poll/4]

Experience with MS Symptoms

(2)

[Jeopardy-style question. Give the answer first and game players must guess the question]

(Answer)

The type of MS that most people with MS have.

(Question)

What is relapsing-remitting MS?

69% of people with MS have relapsing-remitting MS . [Harris/15]

(3)

(Background statement)

In a recent Harris poll, many people with MS report a wide variety of MS symptoms occurring twice a week or more often. [Harris/7]

(Question)

What is the most common symptom reported to occur at least twice a week by people with MS?

(Options)

Fatigue
Tremors
Trouble walking

(Answer)

Fatigue.

76% of people with MS report experiencing fatigue at least twice a week. [Harris/7 & Harris/16]

(4)

What is the *least* common symptom reported to occur at least twice a week by people with MS?

(Options)

Muscle spasms
Abnormal sensations such as numbness or a feeling of “pins and needles”
Pain

(Answer)

Pain.

9% of people with MS report experiencing pain, 22% report muscle spasms and 20% report abnormal sensations such as numbness or a feeling of “pins and needles” at least twice a week. [Harris/18]

(5)

True or False: Among those with MS who experience fatigue or an inability to walk at least twice a week, more tell the Harris poll that fatigue is at least somewhat disruptive to their overall daily life.

(Answer)

False.

Among those people with MS who experience fatigue at least twice a week, 60% say it is at least somewhat disruptive to their overall daily life. Among those who experience an inability to walk at least twice a week, 74% say it is at least somewhat disruptive to their overall daily life. [Harris/7]

(6)

[Jeopardy-style question]

(Answer)

The percentage of people with MS who report difficulty walking* at least twice a week.

(Question)

What is 41%? [Harris/21]

* In this survey, mobility or difficulty walking was defined as having trouble walking, the inability to walk, or the loss of balance two or more times per week. [Harris/5]

(7)

True or False: A majority of care partners** whose family member or friend has difficulty walking* due to MS believe the person has correctly assessed their walking difficulty, according to a recent Harris poll..

(Answer)

True.

67% of care partners whose family member or friend has difficulty walking* due to MS believe the person has correctly assessed their walking difficulty. [Harris/23]

*In this survey, mobility or difficulty walking was defined as having trouble walking, the inability to walk, or the loss of balance two or more times per week. [Harris/5]

** "Care partners" refers to those who are currently involved with caring for a family member or friend with MS [Harris/5]

(8)

True or False: Over half of people with MS say they speak at least sometimes with their doctor about walking difficulties due to MS.

(Answer)
True.

61% of people with MS say they speak at least sometimes with their doctor about walking difficulties due to MS. [Harris/24]

Impact of Difficulty Walking on People with MS

(9)

In a recent Harris poll, what percentage of people with MS who had difficulty walking* reported it to be the most challenging aspect of their MS?

(Options)
56%
70%
99%

(Answer)
70% of people with MS who had difficulty walking* reported it to be the most challenging aspect of their MS. [Harris poll/26]

*In this survey, mobility or difficulty walking was defined as having trouble walking, the inability to walk, or the loss of balance two or more times per week. [Harris/5]

(10)

In a recent Harris poll, what percentage of those people with MS who reported difficulty walking* said it impacted their ability to carry out daily tasks?

(Options)
45%
70%
91%

(Answer)
91% of those people with MS who reported difficulty walking* said it impacted their ability to carry out daily tasks. [Harris/28]

*In this survey, mobility or difficulty walking was defined as having trouble walking, the inability to walk, or the loss of balance two or more times per week. [Harris/5]

(11)

Decline in functional mobility can be associated with which of the following?

(Options)

Restrictions on daily activities

Diminished ability to work

Lowered self-esteem

All of the above

(Answer)

All of the above. [Harris poll/28]

(12)

True or False: Nearly 3 in 5 people with MS who have difficulty walking* tell the Harris poll they've missed common personal events.

(Answer)

True.

58% of people with MS who have difficulty walking report having missed common personal events such as a family or personal vacation (26%) and a wedding (22%). [Harris/8]

*In this survey, mobility or difficulty walking was defined as having trouble walking, the inability to walk, or the loss of balance two or more times per week. [Harris/5]

(13)

What percentage of people with MS who have difficulty walking* have had to modify their home in some way, according to the Harris poll?

(Options)

23%

37%

73%

(Answer)

37% [Harris/8 & 35]

*In this survey, mobility or difficulty walking was defined as having trouble walking, the inability to walk, or the loss of balance two or more times per week. [Harris/5]

(14)

(Background statement for question)

A fifth (21%) of people with MS who have difficulty walking* say they changed their plans for children. [Harris/8]

(Question)

True or False: Men with MS who have difficulty walking* are more likely than women to report changing their plans for children, according to the Harris poll.

(Answer)

True.

34% of men and 16% of women with MS who have difficulty walking report changing their plans for children. [Harris/33]

*In this survey, mobility or difficulty walking was defined as having trouble walking, the inability to walk, or the loss of balance two or more times per week. [Harris/5]

(15)

(Question)

True or False: Women with MS who have difficulty walking* are more likely than men to report missing some personal event, according to the Harris poll.

(Answer)

False.

80% of men, compared with 50% of women with MS who have difficulty walking, say they have missed some personal event due to walking difficulties. [Harris/32]

Impact of MS on Quality of Life

(16)

(Background statement for question) In a recent Harris poll, most people with MS said it has had at least some negative impact on their ability to do household chores, shop, exercise or participate in physical activities, or travel, especially among those who have difficulty walking. [Harris/39]

(Question)

Which activity has MS had the most negative impact on in the last 6 months for people with difficulty walking*, according to the Harris poll?

(Options)

Shopping

Traveling

Exercising or doing physical activities

Household chores

(Answer)

Household chores

70% of people with MS who have difficulty walking say that in the past 6 months, MS symptoms have had at least some negative effect on their ability to do household chores. [Harris/9]

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(17)

Which of the following activities do people with MS tell the Harris poll they have had the least trouble with in the past 6 months?

(Options)

Running

Walking long distances

Climbing up or down stairs

Sleeping

(Answer)

Sleeping

Most people with MS report that in the past 6 months, they have had at least some trouble with running (75%), walking long distances (74%), climbing up or down stairs (68%), and sleeping (62%). [Harris/9 & 40]

(18)

True or False: When first diagnosed with MS, fewer people say they were concerned about the impact MS would have on their quality of life than about any pain or potential costs from MS costs, according to the Harris poll.

(Answer)
False.

When first diagnosed, more people with MS were concerned about quality of life issues such as restricting activities (78%) or impact of MS on family life (75%) than cost of care (55%) and lack of insurance coverage (31%), and pain (43%). [Harris/9 & 38].

(19)

The percentage of people with MS who have difficulty walking who get help with household chores is:

(Options)
62%
72%
83%

62% of people with MS said someone assists them with household responsibilities such as laundry, dishes, cleaning, and yard work. [Harris/9] 83% of people with MS who have difficulty walking* receive assistance in their household responsibilities. [Harris/41]

*In this survey, mobility or difficulty walking was defined as having trouble walking, the inability to walk, or the loss of balance two or more times per week. [Harris/5]

(20)

True or False: A majority of people with MS tell the Harris poll they get help with their personal care.

(Answer)
False.

A minority of people with MS (18%), but more so among those who have difficulty walking* (37%), receive assistance with their personal care [Harris/42]

*In this survey, mobility or difficulty walking was defined as having trouble walking, the inability to walk, or the loss of balance two or more times per week. [Harris/5]

Mobility Devices

(21)

Among people with MS who use a mobility device, which device is the most frequently used, according to the Harris poll?

(Options)
Walker
Wheelchair
Cane

(Answer)
Cane.

About a third (32%) of people with MS use a mobility device due to MS, including a cane (19%), a wheelchair (12%) and a walker (8%). [Harris/10 & 44]

(22)

True or False: Over 90% of people with MS who use a mobility device value their devices and view them as a way to maintain independence, according to the Harris poll.

(Answer)
True.

Among people with MS who use a mobility device, the vast majority (92%) agree that using a mobility device is “worth it” to be able to live their lives. [Harris/10 & 52]

(23)

True or False: More people with MS who use a mobility device do so because of a recommendation by their healthcare provider than because of balance problems, according to the Harris poll.

(Answer)

False.

A majority (79%) of people with MS who use a mobility device do so because of balance problems [Harris/48]. About 2 in 5 people (44%) with MS who use a mobility device do so because their healthcare provider recommended it. [Harris/50]

(24)

[Jeopardy-type question]

(Answer)

People with MS who are *not* currently using one of these are more likely to feel embarrassed to use one than those who are *already* using one, according to the Harris poll.

(Question)

What is a mobility device?

About 2 in 5 people with MS say they are or would be embarrassed to use a mobility device, with those not currently using one more likely to say they would feel embarrassed. [Harris/53]

(25)

Approximately what proportion of people with MS who use a mobility device told the Harris poll they don't use it as often as they should?

(Options)

One quarter

One third

Three fifths

(Answer)
One third

About one third of people with MS who use a mobility device (36%) say the mobility device is not used as much as it should be. [Harris/54]

Impact of MS on Finances

(26)

True or False: More MS care partners* than people with MS are employed, according to the Harris poll.

(Answer)
True.

About half of people with MS (49%) are employed, as compared to over two-thirds (68%) of care partners. [Harris/56 & 57]

* “Care partners” refers to those who are currently involved with caring for a family member or friend with MS [Harris/5]

(27)

Approximately what proportion of people with MS told the Harris poll that MS has interfered with their ability to work, causing a loss of personal income?

(Options)
One third
Half
Three quarters

(Answer)
Half

About half (54%) of people with MS say that MS has interfered with their ability to work, to the extent that they have personally suffered a loss of personal income. [Harris/11 & 58]

(28)

(Background statement)

Nearly 4 in 5 (79%) employed people with MS who have difficulty walking* report their work life being negatively impacted in some way, according to the Harris poll.

(Question)

In what way do these people report their work life being negatively impacted?

(Options)

Taking days off

Working a reduced schedule of hours

Asking their employer to make accommodations

Switching to a new career

All of the above

(Answer)

All of the above. [Harris/11 & 59]

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(29)

True or False: Nearly half of employed care partners* say their family member or friend's MS has negatively impacted *them* (the care giver) at work.

(Answer)

True.

46% of employed care partners say their family member or friend's MS has negatively impacted *them* at work. [Harris/11 & 60]

* "Care partners" refers to those who are currently involved with caring for a family member or friend with MS [Harris/5]

Exercise and MS

(30)

[Jeopardy-style question]

(Answer)

The approximate proportion of people with MS who participate in exercise, according to the Harris poll.

(Question)

What is three-quarters?

74% of people with MS participate in sports-related or physical activities or exercise, with close to half (45%) exercising at least once a week. [Harris/12 & 64]

(31)

True or False: Of the people with MS who exercise, most do it because their doctor recommended it, according to the Harris poll.

(Answer)

False.

7 in 10 people with MS decided on their own to exercise, as opposed to 30% who currently exercise because their doctor recommended it as part of their therapy. [Harris/12 & 65]

(32)

True or False: The vast majority of people with MS who exercise think it has had at least some positive impact on their quality of life, according to the Harris poll.

(Answer)

True.

85% of people with MS who exercise think it has had at least some positive impact on their quality of life. [Harris/66]

MS Care Partner Experiences

(33)

True or False: The vast majority of MS care partners* maintain a positive attitude about caring for their family member or friend with MS, according to the Harris poll.

(Answer)

True

91% of care partners say they are coping well with their care giving responsibilities. 85% say caring for a family member or friend with MS has made them a stronger person.

[Harris/13 & 70]

* “Care partners” refers to those who are currently involved with caring for a family member or friend with MS [Harris/5]

(34)

[Jeopardy-style question]

(Answer)

The family member that MS care partners* are most frequently involved with, according to the Harris poll.

(Question)

What is a spouse or significant other?

78% of MS care partners say they are involved in the care of a spouse or significant other (35%), parent (24%), or other relative (18%). [Harris/13 & 68]

* “Care partners” refers to those who are currently involved with caring for a family member or friend with MS [Harris/5]

(35)

According to the Harris poll, when care partners* have help in coping with a family member’s or friend’s MS, that help most often comes from a:

(Options)
Friend
Family member
Both of the above

(Answer)
Both of the above

89% of care partners say they have received help in coping with their family member or friend's MS, most often from a friend or other family member. [Harris/69]

* "Care partners" refers to those who are currently involved with caring for a family member or friend with MS [Harris/5]

(36)

True or False: Among care partners** whose family member or friend has difficulty walking*, about half say assisting their family member or friend with walking as been one of the most challenging aspects of MS management.

(Answer)
True

48% of care partners say assisting their family member or friend with walking as been one of the most challenging aspects of MS management. [Harris/13 & 73]

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** "Care partners" refers to those who are currently involved with caring for a family member or friend with MS [Harris/5]

(37)

What percentage of MS care partners** told the Harris poll they don't feel burdened by their family member's or friend's walking difficulties* due to MS?

(Options)
About 40%
About 60%
About 75%

(Answer)
About 60%

3 in 5 (60%) MS care partners say they don't feel burdened by their family member or friend's walking difficulties* due to MS.

*In this survey, mobility or difficulty walking was defined as having trouble walking, the inability to walk, or the loss of balance two or more times per week. [Harris/5]

** "Care partners" refers to those who are currently involved with caring for a family member or friend with MS [Harris/5]

(38)

True or False: Most MS care partners** keep their family member's or friend's walking problems* a secret from others, according to the Harris poll.

(Answer)
False.

A vast majority (88%) of care partners have not hid their family member's or friend's walking difficulties from some friends or family members [Harris/13 & 72]

*In this survey, mobility or difficulty walking was defined as having trouble walking, the inability to walk, or the loss of balance two or more times per week. [Harris/5]

** "Care partners" refers to those who are currently involved with caring for a family member or friend with MS [Harris/5]